

Virginia now formally recognizes **Supported Decision-Making Agreements** as an alternative to more restrictive substitute decision-making options, such as legal guardianships. Supported Decision-Making Agreements are a way for adults with developmental disabilities to document when they want to receive support with making decisions, how they want to receive support, and who they want to help them. Supported Decision-Making Agreements give individuals with developmental disabilities the ability to receive support with making various choices in their lives, while also retaining all of their rights, including the right to make their own decisions.

Do you want to learn more about Supported Decision-Making Agreements? You can start by reading [this overview](#). You can also find more information on the [DBHDS website](#).

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